





ISHIDA Norihisa Chairman, Board of Directors Aomori Tanaka Educational Academy



SATO Kei M.D. President Aomori Chuo Gakuin University

Toward Creating Glocal* Human Resources who Connect Local Communities to the World

Aomori Chuo Gakuin University (ACGU) was founded in April 1998 as the first university in Japan to offer a Faculty of Management and Law. In 2014, ACGU established the Faculty of Nursing, and the university celebrated its 20th anniversary in 2018.

The Faculty of Management and Law has grown into a faculty in which students can efficiently learn about modern management, including business administration, law, and other related fields. The Faculty of Nursing has been incubating graduates with advanced expertise in modern medicine and nursing, thus contributing to local medical care and social welfare. Furthermore, the establishment of the Midwifery Course has made this university the only private university in the Northern Tohoku region capable of training nurses, public health nurses, and midwives.

Under the motto of "Love, Wisdom, and Truth," ACGU aims to develop human resources who learn in their local communities, are active in their local communities, and can contribute to their local communities. Additionally, ACGU welcomes many international students from various Asian countries and aims to develop students into capable individuals with global perspectives who can contribute to their local communities through active exchanges with these international students. To achieve this, we actively promote collaboration with overseas universities and studying abroad.

ACGU seeks students who love people and their local communities and who also have a rich intellectual curiosity.

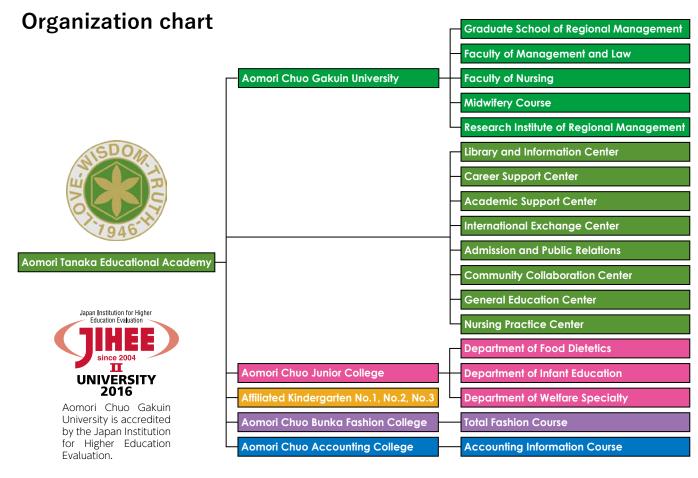


*global + local

History

- 1946 Foundation of Aomori Tanaka Educational Academy
 Foundation of Aomori Abacus and Accounting School (the
 present Aomori Chuo Accounting College) and Aomori Sewing
 School (the present Aomori Chuo Bunka Fashion College)
- 1970 Opening of Aomori Chuo Women's Junior College and establishment of the Faculty of Home Economics
- 1988 Establishment of Aomori Chuo Junior College, Faculty of Management and Information
- 1998 Establishment of Aomori Chuo Gakuin University, Faculty of Management and Law
- 2000 Establishment of an Academic Exchange Agreement with the Dalian University of Foreign Languages (DLUFL) Completion of Academic Exchange Hall, baseball field, athletic track field, soccer field, and tennis court
- 2003 Establishment of an Academic Exchange Agreement with the Kasetsart University (Thailand)
- 2004 Establishment of Aomori Chuo Gakuin University, Graduate School of Regional Management (Master Course), and opening of Aomori Chuo Gakuin University, Research Institute of Regional Management
- 2006 Opening of Aomori Chuo Junior College, Department of Nursing
 - Establishment of an Academic Exchange Agreement with Foreign Trade University (FTU) in Vietnam
 - Establishment of an Academic Exchange Agreement with United Chinese School Committees Association of Malaysia (UCSCAM)
- 2008 10th anniversary of establishment of Aomori Chuo Gakuin University
 - Establishment of Academic Support Center and International Exchange Center
 - Establishment of an Academic Exchange Agreement with Jilin Institute of Chemical Technology (China)
 - Completion of general sports field

- 2010 Establishment of a Collaborative Practice Agreement of Educational Program with Foreign Trade University (FTU) in Vietnam
 - Establishment of an Academic Exchange Agreement with Overseas Chinese University (Taiwan)
 - Establishment of an Academic Exchange Agreement with College of International Exchange, Shanghai University (China)
- 2011 Establishment of an Academic Exchange Agreement with Thai-Nichi Institute of Technology (Thailand)
- 2013 Establishment of an Academic Exchange Agreement with Southern Taiwan University of Science and Technology (Taiwan)
- 2014 Establishment of Faculty of Nursing, Department of Nursing, Aomori Chuo Gakuin University
 - (Reorganization/conversion from the Aomori Chuo Junior College, Department of Nursing)
- 2016 70th anniversary of the foundation of Aomori Tanaka Educational Academy
- 2018 Establishment of the Midwifery Course, Aomori Chuo Gakuin University
 - 20th anniversary of the opening of Aomori Chuo Gakuin University
 - Establishment of an Academic Exchange Agreement with Busan University of Foreign Studies (BUFS) in Korea
 - Establishment of an Exchange Agreement with Beijing International Studies University (China)
 - Establishment of an Academic Exchange Agreement with Vietnam National University, Hanoi (Vietnam)
- 2019 Establishment of an Exchange Agreement with Chung Cheong University (Korea)
 - Establishment of an Exchange Agreement with Jilin International Studies University (China)



Characteristics of Aomori Chuo Gakuin University

Community involvement and contribution

The local community becomes the center of learning for classes and extracurricular activities, incorporating the university's studies. Students learn about regional issues and cultivate problem-solving skills.



Infinite fields of activity

- Creation of "company histories" by gathering information on local businesses
- Promotion of employment at Aomori Prefecture companies and participation in company tours to intensify students' industry research and motivation





Support for the desire to learn and beyond

- Strong support for finding jobs: The Career Support Center supports students by creating clear plans for finding a job.
- Many of our international students have been hired by companies in Japan. (Industries in which international students have found employment in Japan: service industry, retail, trading companies, etc.)

Student's voice



Le Thi Xuan Thu From Vietnam

I am Le Thi Xuan Thu, an autumn 2020 graduate. I am currently employed at Oriental Consultants Global Co., Ltd. This company provides consulting services mainly for infrastructure development projects in developing countries, including my home country. Vietnam. The department I belong to provides administrative support for overseas projects from Tokyo headquarters. My duties include confirmation and reporting on income and expenditure reports for projects along with confirmation and reporting on work records. I could fulfill my hope of functioning as a bridge between Japan and my home country by making the most of my studies of business and my first-hand experience of Japan's organizational culture.

Although most days I work from home due to the COVID-19 pandemic and I cannot immediately ask my supervisor questions face-to-face, as a newcomer to the workforce, I have surprisingly learned a lot through email communication. To students and especially those who are searching for jobs, despite the recent years being a difficult and unprecedented situation, I would like to say that taking on challenges is worthwhile, especially during times of difficulty. Be resourceful and flexible, and do your best.

Faculty of Management and Law



Eligibility applications

- Students who are motivated to apply their expertise in business administration and law as well as to actively participate in their local communities and international community.
- Students who have a keen sense of humanity and responsibility.
- Students filled with intellectual curiosity who are self-motivated to actively study and engage in research.
- Students who are motivated to display their unique, outstanding characters not only in their studies but in club and volunteer activities as well.

Image of human resources to be trained

- Attitude and intent
 - 1 Students who act independently as self-sufficient citizens and who have a fundamental attitude of wanting to build better relationships among people and a better society.
 - 2 Students who recognize diverse values and have an attitude of respecting other's opinions.
- Knowledge and understanding
 - Students who understand from broad perspectives the collaboration involved in modern organized societies and among people, along with mechanisms for reconciliation of interests, by applying the interdisciplinary knowledge centered around business administration and law that they have acquired.
- Skills and communication
 - 1 Students who have acquired skills needed in daily life and at work (information collection, analysis, evaluation, quantitative skills, and logical thinking skills) and who can use these skills appropriately.
 - 2 Students who can clearly express their thoughts and communicate appropriately with others.
- Comprehensive and integrated factors
 - Students who can uncover and resolve problems on their own, with an elevated level of ethics, by combining their acquired knowledge and skills in order to realize a sustainable society.



OIZUMI Tsunenaga Dean of Faculty of Management and Law

Training professionals with a combination of business management acumen and legal knowledge

Since its founding over 20 years ago, the Faculty of Management and Law at Aomori Chuo Gakuin University has been dedicated to cultivating well-rounded individuals who understand social justice and contribute to society's development with their foresight and good judgment, based on the university's founding spirit of "Love, Wisdom, and Truth."

The curriculum consists of the main fields of business management and legal studies, as well as related areas such as economics and political science. While students are free to choose their specialized courses of study, a "course model" has also been established to ensure that they can learn according to the career path they wish to pursue. In addition, through new initiatives such as ACT courses, collaborative internships, and global talent development programs, the university aims to expand practical learning opportunities for students, and to train professionals who can contribute to regional revitalization by attracting vitality from around the world, particularly in areas facing population decline and aging demographics."

Faculty of Nursing

- ◆ National Nursing Examination Qualifications
- ◆ National Public Health Nursing Examination Qualification (elective for 20 students)

Eligibility applications

- Students who respect human dignity and who can care for others.
- Students who have the fundamental academic skills to scientifically understand the processes by which people are born and live in society.
- Students who are interested in people and who can communicate and collaborate with everyone as equals.
- Students who can take the initiative for action.

Image of human resources to be trained

- Students who have set lifelong professional goals and have acquired the ability to improve themselves through activities such as proactive research.
- Students who have deepened understandings of people and society, which are the targets of nursing; developed their humanity; and acquired a sense of ethics to respect and defend human rights.
- Students who have acquired basic skills in nursing theory, scientific judgment, formation of supportive relationships, and nursing techniques.
- Students who can analyze health issues of individuals and practice nursing care that is appropriate for each individual
 patient.
- Students who have acquired basic practical skills for coordinating human, physical, and financial resources through analysis of local health issues in order to work together with health and medical welfare professionals and to engage with society.





ICHINOHE Tomoko Ph.D. Dean of Faculty of Nursing

Nursing education founded on "Love, Wisdom, and Truth"

Faculty of Nursing, which bases its educational philosophy on the University's motto of "Love, Wisdom, and Truth," celebrates its seventh anniversary this year. In fiscal year 2019, we launched a new curriculum with the goal of developing human resources that support the health and lives of people in their local communities as well as people with health issues.

Nursing is said to be both a science and an art. To practice nursing with people having various levels of health, from babies to senior citizens, one must be rich in humanity and ethics in addition to having special expertise and skills grounded in science. Furthermore, it is also important to acquire the abilities to solve various issues, to proactively educate oneself, and to collaborate as part of a team. That is why we have constructed a step-by-step curriculum which covers the fundamentals through to the acquisition of practical and applied skills, placing weight on education in which students can learn theory as well as practice.

AOMORI CHUO GAKUIN UNIVERSITY GRADUATE SCHOOL

Regional Management

The Graduate School of Regional Management is a master's graduate program established within the Aomori Chuo Gakuin Faculty of Management and Law. It aims to develop advanced professionals with business management and legal sensibilities through elevated special and applied studies rooted in the basic, fundamental broad knowledge acquired during undergraduate studies, along with perspectives to resolve local social issues. As globalization progresses in local regions, Japan's economy is undergoing a major transformation. For this reason, there is demand for human resources who can take action in this unfamiliar environment. The scope of learning encompasses both domestic and international elements in order to educate students on regional management research methods that are valid throughout the world.

Characteristics of our education

- 1 Students will learn both theory and practice by taking up specific regional issues as case studies and discussing their structures and solutions.
- 2 Pioneering, renowned researchers and progressive businesspeople from within and outside the prefecture provide thoughtful, attentive guidance.
- 3 ACGU is working to enhance the learning system to enable students to concentrate on a smaller number of subjects in order to boost educational effectiveness.
- 4 Students may take special courses offered by the University's Faculty of Management and Law as needed.

Characteristics of curriculum

- Outside of the required subjects, students can freely select which subjects to study.
- The major subjects are structured as a two-tier course, enabling students to learn the content to a greater depth.
- Studies include hands-on learning of statistical data analysis methods, which are useful when conducting project
- Students can conduct practical research by taking part in Aomori Chuo Gakuin University Regional Management Institute projects.

Curriculum

Basic Subjects	Regional Management		◆ Available
Fundamental Subjects	Advanced International Management I · II Advanced Human Resource Management Advanced Organization Theory I · II Advanced Marketing Advanced Corporate Crisis Management Advanced Environmental Management Advanced Venture Business Advanced Business Management Advanced Accounting I · II Advanced Strategic Management I · II Advanced Regional Corporate Strategy I · II Advanced Social Business I · II Advanced Business Analysis Special Issues in Business Administration	Advanced Labor Law I • II Advanced Administrative Law Advanced Civil Law I • II Advanced Corporate Law Advanced International Law Advanced Intellectual Property Law Special Lecture on Law Advanced Regional Development I • II Advanced Regional Industries I • II Advanced Public Finance Advanced Modern Politics Advanced Global Communications I • II Advanced Financial Economics I • II Special Lecture on Economics	certifications and licenses Certified Public Tax Accountant Examination Exemption system for some subjects Corporate Crisis Manager
Research Subjects	Seminar I Seminar I	I Special Seminar	

Featured subjects

ex. Basic Subject: Regional Management (Omnibus format)

In this course, students learn skills necessary to identify the true natures and structures of regional issues as well as to develop specific measures to resolve such issues. More specifically, the course teaches the fundamental concepts of regional management while nurturing the perspectives necessary to advance regional management.

Faculty of Management and Law

Curriculum / Policy

Based on the diploma policy to achieve its educational goals, the Faculty of Management and Law has divided the curriculum into three subject groups: Common Basics, General Studies, and Special Subjects. Each subject is organically linked to facilitate systematic learning.

Common Basics is a subject group to acquire the fundamental skills necessary for modern life in society and for working.

General Studies is composed of three fields—"Human Exploration," "Social Exploration," and "Nature Exploration"—with each field having topics that feature challenges.

Special Subjects enable students to acquire foundations for specific skills as a professional through the study of business administration, law, and relative economics.

					Bold:Compulsory subje
		1st year	2nd year	3rd year	4th year
	Foreign	English I			
	Language	English II			
		Data Processing I			
Common	Data Processing	Data Processing II			
Basics	Fundamental	Fundamental Seminar			
	Seminar				
	Japanese	Japanese I	Japanese III	Academic Japanese	
	Japanese	Japanese II	Japanese IV	Business Japanese	
		Interpersonal Communication	Human Being and Religion		
		Interpersonal Communication II	Human Being and Arts		
		Human Being and Philosophy	Human Being and Ethics		
	Human Inquiry	Human Being and Psychology	Human Being and Literature		
		Human Being and History	Human Being and Education		
		Human Being and Health			
		Living and Community	Global Society and Culture		•
Liberal	F	Living and Law	Modern Japanese Society		
Arts	Exploration of Society				
AILS	0001013	Living and Economy	Society and Welfare		
		Jomon Era and Contemporary			
		Ecosystems of Nature	Disaster and Crisis Management		
	Exploration of	Nature and Biology	Nature and Energy		
	Nature	Life Science			
		Nature and Chemistry			
	International	Japanese Politics and Economy		Japanese Society	
	student Subject	Japanese History and Culture			
		Comprehensive Studies of Management and Law			
		《Basic Subjects》	《Backbone Subjects》	(Expansion S	ubjects)
		Introduction to Business Administration	Principles of Organizational Management	Financial Management	Human Resources Management
		Bookkeeping	Principles of Marketing	Social Business	Business Ethics
		Introduction to Accounting	Strategic Management	Entrepreneurship	Public Utilities
	ļ.,	Theory of the Firm	Cost Accounting	Management Information	Small Business Management
	Management field	,	Financial Accounting	Regional Management	International Management
	11010		Applied Strategic Management	Management Accountings	Business Analysis
			Business Management	Study on Management Problems 1	Study on Management Problems II
			Industrial Bookkeeping	otady on Management Problems 1	otady on Management Froblems II
,			industrial bookkeeping		
		Introduction to Law	Special Provisions of Obligations	Administrative Law 1	Administrative Law II
		General Provisions of the Civil Code	Corporate Law 1	Law of Real Security	Social Security Law
		Constitutional Law 1	Constitutional Law II	Law of Payment Systems	Law and Economy
	Legal field		Study on Legal Problems	Labor Law	Intellectual Property Law
			General Provisions of Obligations	Private International Law	International Relation Law
			Corporate Law II	Civil Procedure Law	Criminal Law
			Law of Property	Consumer Law	Economic Law
			Study on Legal Problems II	Family and Succession Law	Study on Legal Problems IV
				Study on Legal Problems III	
		Macro Economics	Principles of Politics	Principles of Regional Policy	Contemporary Politics
		Micro Economics	Principles of Local Economics	Principles of International Relations	Regional Tourism
			Social Survey Methodology	Economic Policy	Asian Economics
	Related field		Principles of Finance	Public Administration	Study on Economic Problems II
			Business Economics	Study on Economic Problems 1	Stady on Economic Froblems II
				Study Off Economic Froblems 1	
			Public Finance		
	ı		International Economics	1	
				Active Learning(Community-based Activities)	
	Active Learning		Active Learning (Regional Search)		
	Active Learning		Active Learning I (Global Search)	Active Learning II (Global Search)	
	Active Learning Seminar Thesis				Seminar III Graduation Thesis

Credit approval system

Subjects for which credits are granted and necessary qualification

English II, II: TOEIC score of 600 or more English III, IV: TOEIC score of 650 or more

* Students do not have to take subjects for which hey have been granted credits.

Bookkeeping Theory: Grade three of the Official Business Skill Test in Bookkeeping (JCCI bookkeeping proficiency test)

4-years seminar

Seminars are small-group exercises in which students actively learn through reports and discussions. This instruction method is unique to universities and differs greatly from what students experience in high school. Seminars at Faculty of Management and Law consist of approximately 10 students and are a mandatory subject for students from their first through to their fourth years.

The first-year seminar is called "Basic Exploration" and aims to help students acquire the skills, knowledge, and attitude necessary for learning at a university level. "Specialized Exercises" start from the second year, offering in-depth learning in specialty fields. In their third and fourth years, students participate in the same seminar to write their graduation theses, which are the culmination of their research.

Seminar of Prof. SUZUKI Yoshimi

Seminar students give presentations on Financial Accounting Theory and deepen their understanding through multiple question and answer sessions





In the SUZUKI Yoshimi Seminar, students learn about Financial Accounting Theory. In Specialized Exercises I during their second year, students prepare to take a bookkeeping examination sponsored by the Japan Chamber of Commerce and Industry. For Specialized Exercises II in their third year, seminar students create resumes each time for presentations on various issues in Financial Accounting Theory, and they deepen their understanding through multiple question and answer sessions. In addition, some students make extra efforts to study and attempt to pass a higher grade of the bookkeeping examination. Although it may sound like a rigorous course, this seminar has a warm, friendly atmosphere.

Student's voice

I entered Associate Professor Yamamoto's Seminar and learned about data analysis while acquiring necessary skills for the big data era. I learned a lot because the seminar taught me about the theory behind analysis software as well as how to use it. I have also been gradually improving my presentation skills by participating in academic presentations outside university in addition to my classes.

I received a lot of advice from Associate Professor Yamamoto regarding my future path, which has been an immense help in preparing for graduate school. What is more, the seminar had a wonderful atmosphere, with every student doing unique research and active exchange of opinions during



Teng Yu Zhe From Malaysia

the presentations. The seminar was deeply rewarding because students could support one another while working on their own research, regardless of whether they were from Japan or another country.

When deciding which seminar to join during my second year, I carefully considered my options. Among the seminars on International Business Management, which I wanted to study, Professor Oizumi was one of the popular professors, and the seminar had a reputation of being particularly challenging, which increased my determination to join it.



Nguyen Thu Trang From Vietnam

Under the guidance of the advisor of the seminar I wanted to join, I acquired specialized knowledge and also learned much about society. Group discussions with other seminars as well as classes in which we expressed our thoughts about DVDs and newspaper articles were good opportunities to learn about others' points of view, and I found these to be a deeply rewarding learning experience. I believe what I learned in the seminar has polished my thinking skills and proved particularly useful in job searching and venturing out into society after graduation.

Student support

Academic Support Center

Here, strong support is provided for special university subjects, club activities, and more. The attentive staff members considerately respond to all types of consultations, including qualification / certification examination preparation and entering graduate school.



Healthcare Room

Students' physical and mental health are taken good care of to ensure that they can lead healthy, fulfilling student lives. Students can receive first aid according to the situation, such as to treat a minor injury that occurred on campus or when they feel ill.



Student's Project Support

This support system is taking the lead

in planning, operation, and implemen-

tation of initiatives by students and

organizations belonging to ACGU. It

promotes active learning and student

lives with the aim of realizing more

fulfilling, enrichened lives on campus.

Students of selected "certified

projects" can consult with teachers and staff members for advice as necessary to make progress in their

System

projects.

Student Counseling Room

Staff members are available for consultations in which they work together with students to find ways to resolve students' various concerns and mental issues. The staff provide highly attentive support so that students do not have to manage their problems alone.

Career Support Center

Career Support Center provides strong support for job searching. Students can view documentation related to finding jobs and seek consultation.

- 1 Advice on fulfilling career paths.
- 2 Uncovering one's hidden strengths.
- 3 Preparation of documents that convey enthusiasm.



Work Study System

This program aims to develop awareness of working as a professional while in school by having students engage in various works on campus. Academic Support Center provides information on the various works available at school to students registered for Work-Study, and students can apply for work that they are interested in.

Clubs and Circles

Start another dream here! We recommend students actively participate to create fulfilling lives at ACGU.









Study Environment

Library

Mon to Fri 8:30 to 21:00 Sat 8:50 to 17:00



The library is a "treasure house of knowledge" with approximately 98,000 documents, journals, and academic papers to support independent study. It offers spaces for various student uses from group work to individual research. Areas include the "Learning Commons" where group discussions are possible and the "Silent Space" where students can focus on their studies. The library is also open to local residents.





Active Learning Room

In this shared space, learning activities can be conducted according to the needs of the moment, such as group discussions and presentations. Featuring whiteboards, movable desks, and chairs, the space can be split into two rooms or used as a single room. Students can form both large and small groups by freely arranging the furniture. In addition, the space also facilitates active learning with a survey system that can tabulate data using clickers.



IT Room



ACGU has a seminar room with 102 computers available for use. These computers are open to all students when not in use for classes, so many students use these devices for schoolwork, such as preparing reports.

Advanced online connectivity

Microsoft Office 365 available Each student receives their own Microsoft Office 365 license and can install Microsoft Office products on devices such as personal computers and smartphones (up to five devices).

In-school wireless LAN system Students can connect to the Internet via ACGU's wireless LAN system.

Free Space





Campus Shop

Mon to Fri 9:00 to 18:00

The Campus Shop sells stationery needed by students, such as the University's original report paper. In addition to snacks, soft drinks, and magazines, books written by university professors can also be purchased here. Box lunches to go are also sold in front of the store at lunchtime.

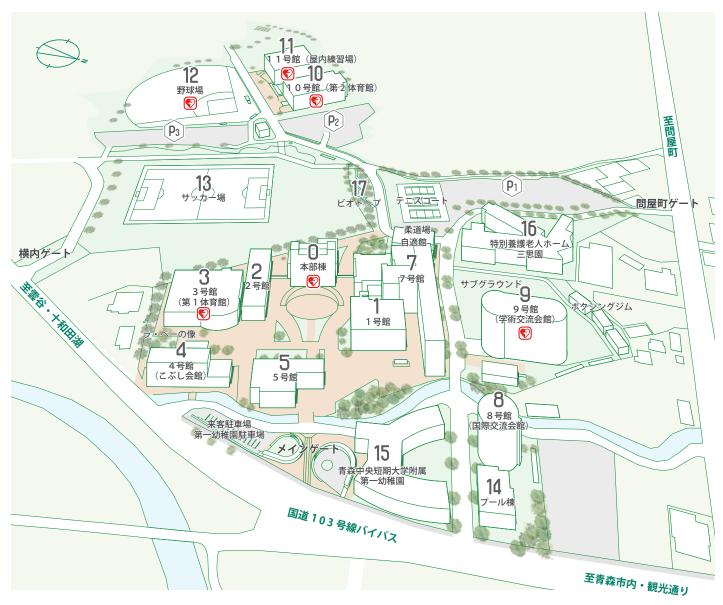


Cafeteria

Lunchtime 11:00 to 13:30

The spacious cafeteria features a wide array of dishes for lunch. In addition to standards such as daily set specials and noodles, healthy lunches under 650 kcal and the monthly special "Up Lunch" are also popular.

Campus map



本部棟 Administration Bid

事務局 Administrative Office 入試広報センター Admission and Public Relations Center

1 1号館Building 1
+C
Plus C

2 2号館 Building 2

地域マネジメント研究所 Regional Management Reseath Insttute 地域連携センター Community Collaboration Center

3号館〔第1体育館•瑞力館〕 Building 3 〔1st Gymnasium, Zuiriki-kan〕 4号館〔こぶし会館〕 Building 4〔Kobushi-kaikan〕

5 5号館 Building 5

7 7号館 Building 7

キャリア支援センター
Career Support Center
学習支援センター
Academic Support Center
図書館情報センター
Library and Information
Center
看護実践センター
Narsing Practice Center
講義室 711, 712, 713
Lecture Room 711, 712, 713

8号館〔国際交流会館〕 **Building 8** 〔International Exchange Hall〕

9号館〔学術交流会館〕 **Building 9** (AcademicExchange Hall) 青森中央学院大学大学院 Aomori Chuo Gakuin University **Graduate School** 青森中央文化専門学校 Aomori Chuo Bunka Fashion College 青森中央経理専門学校 Aomori Chuo Accounting College 国際交流センター International Exchange Center 防災センター **Disaster Control Center** カフェテリア Cafeteria 講義室 921 Lecture Room 921

10号館〔第2体育館〕 Building 10〔2nd Gymnasium〕

11号館〔屋内練習場〕 Building 11 〔Indoor Practice Area〕

12 野球場 Baseball Field

13 サッカー場 Soccer Field

14 プール棟 Swimming Pool

15 青森中央短期大学 附属第一幼稚園

The 1st Kindergarten affiliated with Aomori Chuo Junior College

16 特別養護老人ホーム 三思園

Sanshien, Special Elderly Nursing Home

17 ビオトープ Biotope



Student's Voice



Rachel Lim Hui Hui From Malaysia

The reason I came to Japan to study was to acquire knowledge of Japan's business law practices and to learn Japanese language and culture. After graduating from ACGU Faculty of Management and Law, I continued my studies at ACGU Graduate School of Regional Management.

In graduate school, I am researching break-even point ratios (business analysis), and I hope to work at a Japanese company after graduation. I want to contribute to overseas businesses and global business development, so I want to contribute my current research not only to Japan and my home country of Malaysia but to the entire world.

After graduating from high school, I arrived in Japan to study not knowing anything and coming into contact with a different culture for the first time in my life. When studying overseas, it is important to acquire knowledge and to experience that country's culture. With this in mind, during my student days I actively sought out many experiences of Japanese culture.

I believe that experiencing other cultures gives you the opportunity to reflect on your own culture and enables you to become a better version of yourself. Through contact with Japan's culture, I was able to assume a broader perspective, change my values, enrichen my life, and also apply this experience to future jobs. The cultural experiences I had in Japan enabled me to open my heart and build relationships of trust with Japanese people while basking in their warm hospitality.



Pham Vi Nuong From Vietnam



Yap Yeong Kang From Malaysia

I am already in my fourth year of university. So much has changed in the past three years!

During my first year, I decided to participate in various activities since I had come all the way to Aomori. I visited apple orchards, joined in the Nebuta festival, and also participated in various exchange activities. However, due to the COVID-19 pandemic, my life at ACGU changed dramatically in 2020. Classes switched to online lessons, and club activities were prohibited, among other limitations, which made for a tricky situation.

However, within this environment, I believe the most important lesson I learned was to be independent. Despite the pandemic, I realized that the essence of studying abroad was figuring out how to manage your time and study on your own while alone without any family to help you.







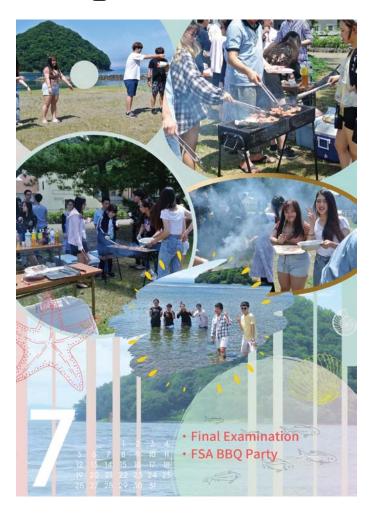
The first time I went cherry blossom viewing was when I attended and experienced the Sakura Yabusame event in Towada City during an ACGU extracurricular activity. This event enabled me to enjoy mingling with Japanese students and other international students under lovely cherry blossoms that had just started to bloom. After this, I participated in a cherry blossom viewing event at Hirosaki Park, where I was amazed by the spectacle of cherry blossoms in full bloom.

While a first-year student, I also participated in the welcoming event held by the FSA (Foreign Students Association). At this event, international students prepared dishes from their home countries and we enjoyed eating and talking together. I received a warm welcome, which made me incredibly happy. I hope one day to be able to talk, laugh, and enjoy Aomori's beautiful

springtime with everyone under the cherry blossoms again.



Nguyen Thu Phuong From Vietnam





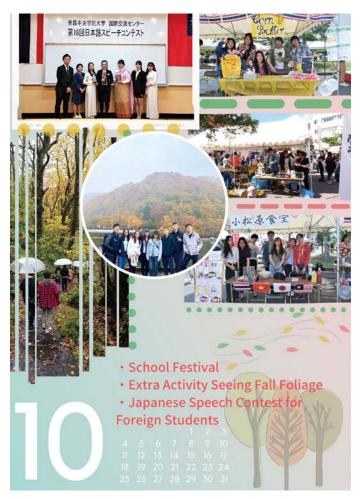
There are many extracurricular activities everyone can participate in at ACGU, but for me the Aomori Nebuta Festival and viewing rice paddy art were the most memorable. The Aomori Nebuta Festival is the major summer event in Aomori in which enormous lit-up lantern floats are paraded around the city. I participated as a Haneto dancer, wearing a bright costume and jumping up and down while shouting "rase-ra!", which was an amazing experience.

Next, the rice paddy art— although Vietnam is an agricultural country, I had never seen such beautiful rice paddies before. I was so impressed by the gigantic work of art, which I viewed from the roof of a building. When I go back to my home country, I want to introduce what I

have learned about Aomori's culture and contribute to becoming a bridge between the people of Vietnam and Aomori.











Since Malaysia has tropical weather all year round, when I came to Japan, I was impressed by the distinct changes in seasons, with cherry blossoms in spring, festivals in summer, autumn leaves in fall, and snow in winter. ACGU offers various activities each season, which I looked forward to each in turn. The activity I enjoyed the most was viewing the autumn leaves. In autumn, the Oirase Stream and surrounding forest turn bright red. The exquisite view of beautiful autumn leaves is unforgettable. What is more, walking with your friends while listening to the sound of the stream is also very relaxing. If you have the opportunity to do so, I

recommend participating in various activities to enhance your life at ACGU and enjoy what Aomori has to offer.



Sheerlyna Chai Lii Woon From Malaysia





It doesn't snow in Thailand, so I am extremely glad I came to Aomori. Although it is very cold in the winter, there are many things you can do like snowboarding and hiking in the snow.

However, the activity I enjoyed the most was visiting a shrine for New Years with Japanese student tutors and other international students. For this activity, we went to a shrine near ACGU for the New Year. It was not just for fun—my Japanese friend taught me the etiquette for visiting shrines at the start of the year. You can make wonderful memories through various extracurricular

activities at ACGU by learning new things while having fun.



Kittichonworakul Pavika From Thailand



Dormitory

Building No.8 International Exchange Hall

Air-Conditioner, heater, bed, wardrobe, table, chair, curtain, shoes rack, unitbathroom, kitchen (with IH stove). Wi-Fi

**Hot water is stored using nighttime electricity.









Building No.9 Academic Exchange Hall

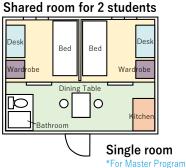
Bed, wardrobe, table, chair, bookshelf, curtain, shoes rack, unitbathroom, kitchen (with IH stove), Wi-Fi

XCommon table and chair in 2DK Type Room.

Air-Conditioner, heater, hot water for the wholebuilding is set up 24 hours.









The reason I chose to stay in a dormitory was because the ACGU dormitory rooms are bright and clean. When I was looking for an apartment in Japan, most of the apartments will charge various application fees such as deposits, guarantor fees, prepayment fees, insurance fees, and the fee of replacing locks, and most of them are not furnishing. It is difficult for foreigners who just arrived in Japan. I decided to

stay in the ACGU dormitory because my parent and I feel safe.

At the start of my study abroad, I had no friends and was in an unfamiliar environment. However, staying in an ACGU dormitory enabled me to quickly make friends, and we look out for each other. The dormitory is also close to my classes, which helps me save money on transportation costs.

> Lu Chen Yi From Taiwan



Details can be found at below QR code:



Title: About Our Dormitory

- International Exchange Hall (Single Room)
- Academic Exchange Hall (Single Room/Shared Room)

Let's listen to our domitory students!



Suwannate Weerut (Ten) From Thailand

Why did you choose to stay in a dormitory?

Ten -

Among all the ACGU dormitories, the Academic Exchange Hall is the closest to the classrooms, so going to class takes no time at all. Additionally, the entire Hall is well air-conditioned, making it extremely comfortable, and it also has single-student rooms for privacy.

Ooi -

I like to talk a lot, so I thought it would be nice to have somebody to talk to when I wanted advice. I briefly spoke about dormitories with my parents before coming to Japan, and I knew that having a roommate would be wonderful. I became roommates with another student from Malaysia, and we grew close, so I think this was a wonderful opportunity.

Giang

I chose the International Exchange Hall because I wanted a room to myself. I enjoy living freely on my own, and I cherish my personal space after finishing my classes and part-time job, so I chose to live alone in order to avoid any interference from neighbors as well as to avoid sharing the restroom and kitchen with others. This frees me from fighting with a roommate over daily issues, such as cleaning or different living habits.



Ooi Shi Mei From Malaysia

Each dormitory has unique features, but how is it to actually live there?

Ten -

The Academic Exchange Hall is well air-conditioned and water is free of charge. There are rooms for single students, offering privacy as well. There are two elevators, so there is no issue with the elevators being too busy.

Ooi -

One benefit of student life is having the opportunity to grow. I feel I have become more mature as I need to do things like cook every day and go shopping and go to the hospital by myself. In my home country, I lived with a large family, so in the beginning it was difficult to be alone. However, I now believe that living alone has its own charms. The downside is feeling that the days go by slowly during the snowy season, as there is a lot of snow in Aomori.

Giang

Staying in a dormitory brings you closer to your classmates, teachers, and the University itself. Dormitories are places to connect with friends where it is easy to mingle, study together, and practice living in a group. In student dormitories, you can learn how to live independently within a group. The countries and regions that your friends are from will vary, and you can learn a lot from them.



Tran Huong Giang
From Vietnam

What are the benefits of living in a dormitory? Why would you recommend them?

Ten -

The dormitories are near bus stops, so they are very convenient for going out. There are also caretakers and cleaning staff members, so the dormitories are always exceptionally clean. Although there is a curfew and slightly less freedom, this makes them safer.

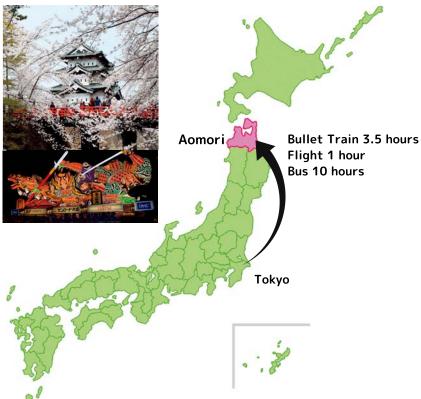
Ooi -

The rent is affordable and there are convenience stores near the dormitories. The dormitories are a great help for those who are not good at waking up in the morning. Additionally, students can return to their dormitory rooms to rest when they have no classes. For students that do not have time to cook or who dislike cooking, the dormitory cafeteria offers affordable, delicious meals, so I go there to eat sometimes. The dormitory caretakers are also amazingly easy to talk to, so students can consult with them as needed.

Giang

As the dormitories are part of ACGU, they are managed meticulously. Each dormitory has a management committee that schedules and manages activities within the dormitory. Moreover, overnight stays and hometown visits for students are also managed. The dormitories have regulations to ensure student safety. These management systems and regulations serve to limit the risks for students living in the dormitories.





Aomori is a good place

Hirosaki Park is considered as one of the best cherry blossom viewing spots in Japan. It attracts over two million tourists across Japan. The park has about 2,600 trees of about 50 varieties.

When we talk about Summer, We have Nebuta Festival. It's one of Japan's most famous festivals which includes large nebuta floats, surrounded by crowds of festival goers in costume, huge taiko drums are played when the musicians and dancers perform.

Aomori Apples



Aomori is famous for Apples. Aomori actually produces over half of all the apples in Japan, with a total of 68 varieties.

Climate

- · Warm, short summers and long, cold winters.
- · Average annual temperature of 10.1 c
- · Highest temperature on average in August, 23.5 c
- Lowest temperature on average in January, 2.1 c
- · Heavy snowfall

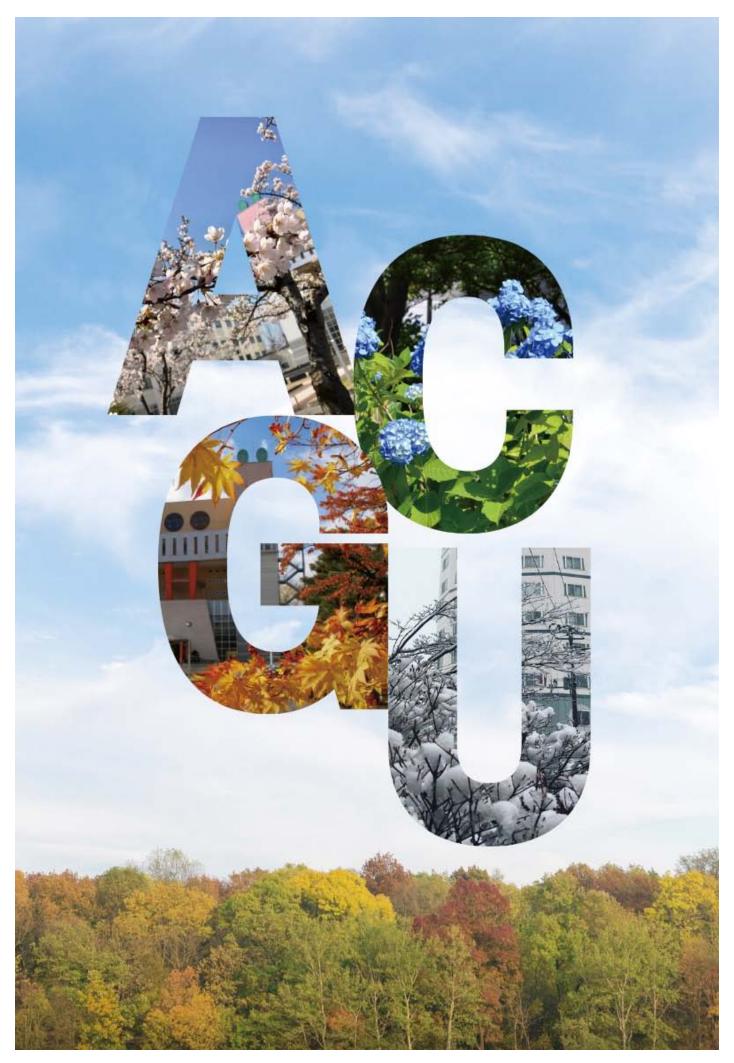


Best Points in Aomori

- 1. Nice people
- 2. Good Whether
- 3. Very Clean
 *No cockroach!
- 4. Low Crime
- 5. Low Cost of Living
- 6. Delicious Food











Aomori Chuo Gakuin University

Faculty of Management and Law Faculty of Nursing Graduate School of Regional Management



Aomori Chuo Gakuin University mascot "MA-A-CHI-kun"

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